

Character & Culture, Personal Development and Formation Programme 2024-25

Our Faith	Mass, Sacraments, Prayer/Liturgy, Key Feasts, Liturgical Seasons
Relationships and Sex Education	Ten Ten Resources, Positive Relationships, Respectful relationships, consent, contraception and parenthood, bullying, abuse and discrimination, social influences
Health and Wellbeing	Mental health and emotional wellbeing, healthy lifestyles and health-related decisions, drugs, alcohol and tobacco, managing risk and personal safety, First Aid
Living in the Wider World	Learning skills, Choices and Pathways, British Values, Financial Literacy, Citizenship, Work and Careers

Term	Week	Date	Activity	Lead	Year 7	Year 8	Year 9	Year 10	Year 11	Other
Autumn 1 – Curious and Active	1	Wb: 02.09.24	C&C	Tutor	Organisation	Organisation	Organisation	Organisation	Organisation	
			Assembly	JHO	Mass (With Yr12 and All Staff)	New Beginnings (05.09.24)	New Beginnings (05.09.24)	New Beginnings (05.09.24)	New Beginnings (05.09.24)	Yr7,12 and All Staff Mass
	2	Wb: 09.09.24	C&C	Tutor	Powerful Learning Culture	Powerful Learning Culture	Powerful Learning Culture	The GCSE Journey	RSE: Self-Worth	
			Assembly	KMO	POWERful Learners		POWERful Learners		School Photos (Gym)	Year 13 Mass
			DEAR	Tutor	DEAR @ 10am					
	3	Wb: 16.09.24	C&C	Tutor	RSE: Who Am I? (Ten Ten)	MASS (JHO)	RSE: The Search for Love (Ten Ten)	RSE: Authentic Freedom (Ten Ten)	Post 16 Destinations: Education, Employment and Training Opportunities	
			Assembly	N/A						
			DEAR	Tutor	DEAR @ 10am					
	4	Wb: 23.09.24	C&C	Tutor	Transition to secondary school	RSE: Created and Chosen (Ten Ten)	MASS (KMO)	Work Experience Launch and Employability Skills	Financial Literacy: Borrowing Money and Loan Sharks	
			Assembly	HOY	Staying well in my new school			Preparing for the Workplace		
			DEAR	Tutor	DEAR @ 10am					
	5	Wb: 30.09.24	C&C	Tutor	Rules	Criminal Justice System (Courts and Judiciary)	Role of Legislature and Executive	MASS (ATR)	Revision Strategies	
			Assembly	HOY	Safer Travel: British Transport Police	Rule of Law			Study Skills – Preparing for PPEs	
			DEAR	Tutor	DEAR @ 10am					
	6	Wb: 07.10.24	C&C	Tutor	Tolerance and Respect: Discrimination (Race)	Tolerance and Respect: Discrimination (Race)	Tolerance and Respect: Discrimination (Race)	Tolerance and Respect: Discrimination (Race)	Mass (GJB)	
			Assembly	ATR	Black History Month		Black History Month			
			DEAR	Tutor	DEAR @ 10am					
	7	Wb: 14.10.24	C&C	Tutor	Mass (JHO)	E-Safety	Moral Choices	Moral Choices	Study Skills – preparing for PPEs	
			Assembly	NHA/GJB		Staying Safe Online	Anti-Knife (Pete Martin) 09.00-09.45am			
			DEAR	Tutor	DEAR @ 10am					
	8	Wb: 21.10.24	C&C	Tutor	One Life Music Retreat: Community and Belonging	Strategies to look after my wellbeing and Resilience	Strategies to look after my wellbeing and Resilience	Strategies to look after my wellbeing and Resilience	Wellbeing and Stress inc. sleep	
			Assembly	HOY		Resilience		Resilience		
			C&C Assessment week			C&C Assessment in Tutor time on Weds	C&C ASSESSMENT			

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Health and Wellbeing	Mental health and emotional wellbeing, healthy lifestyles and health-related decisions, drugs, alcohol and tobacco, managing risk and personal safety, First Aid
Living in the Wider World	Learning skills, Choices and Pathways, British Values, Financial Literacy, Citizenship, Work and Careers

Term	Week	Date	Activity	Lead	Year 7	Year 8	Year 9	Year 10	Year 11	Other		
Autumn 2 – Intentional and Prophetic	1	Wb: 04.11.24	C&C	Tutor	Kindness: Antbullying Choose Respect (Friendship and Bullying)	Kindness: Antbullying Choose Respect (Peer Pressure)	Kindness: Antbullying Choose Respect (Abusive behaviours)	Kindness: Antbullying Choose Respect (Challenging bullying)	Mass (NHA)			
			Assembly	JHO	Kindness		Kindness					
			DEAR	Tutor	DEAR @ 10am							
	2	Wb: 11.11.24	C&C	Tutor	RSE: Changing Bodies (Ten Ten)	RSE: Appreciating Differences (Ten Ten)	RSE: Love People, Use Things (Ten Ten)	RSE: Self Image (Ten Ten)	Year 11 PPEs			
			Assembly	N/A						Sixth Form Mass		
			DEAR	Tutor	DEAR @ 10am							
	3	Wb: 18.11.24	C&C	Tutor	Drugs, alcohol and tobacco (Use of drugs in society)	Drugs, alcohol and tobacco (Risks / Consequences)	Drugs, Alcohol and Tobacco (Addiction)	Mass (GJB)	Year 11 PPEs			
			Assembly	HOY	Healthy Lifestyles: Drugs and Alcohol	Healthy Lifestyles: Drugs and Alcohol	Healthy Lifestyles: Drugs and Alcohol			Healthy Lifestyles: Drugs and Alcohol		
			DEAR	Tutor	DEAR @ 10am							
	4	Wb: 25.11.24	C&C	Tutor	Drugs, alcohol and tobacco (Law)	Drugs, alcohol and tobacco (Peer Pressure)	Mass (ATR)	Addictions	RSE: Birth Control (Ten Ten)	Year 13 PPEs		
			Assembly	HoY (10)							Healthy Lifestyles: Drugs & Alcohol	
			DEAR	Tutor							DEAR @ 10am	
	5	Wb: 02.12.24	C&C	Tutor	Active & Responsible Citizens (CST-Planned by PICCL)	Mass (KMO)	Active & Responsible Citizens (CST-Planned by PICCL)	Active & Responsible Citizens (CST-Planned by PICCL)	RSE: Addiction (Ten Ten)			
			Assembly	PICCL	Safer Travel: British Transport Police		Advent					
			DEAR	Tutor	DEAR @ 10am							
	6	Wb: 09.12.24	C&C	Tutor	Mass (JHO)	Individual Liberties: Equality Act (Sex)	Individual Liberties: Equality Act (Sexual Orientation)	Individual Liberties: Equality Act (Pregnancy and Maternity)	RSE: Eating Disorders (Ten Ten)			
			Assembly	GJB		World Human Rights Day: Equality – Reducing inequalities and advancing human rights		World Human Rights Day: Equality – Reducing inequalities and advancing human rights				
			DEAR	Tutor		DEAR @ 10am						
	7	Wb: 16.12.24	C&C	Tutor	C&C ASSESSMENT							
			Assembly	HOY	Celebration Assembly & Advent Prayer Liturgy	Celebration Assembly & Advent Prayer Liturgy	Celebration Assembly & Advent Prayer Liturgy	Celebration Assembly & Sacrament of Reconciliation	Celebration Assembly & Sacrament of Reconciliation			

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Living in the Wider World	Learning skills, Choices and Pathways, British Values, Financial Literacy, Citizenship, Work and Careers

Term	Week	Date	Activity	Lead	Year 7	Year 8	Year 9	Year 10	Year 11	Other		
Spring 1 – Grateful and Generous	1	Wb: 06.01.25	C&C	Tutor	Personal and Oral Hygiene	Immunisation and Vaccinations	Self-Examination and Screening	Risks associated with piercings, tattoos and sunbeds	RSE: Pornography	Sixth Form Mass		
			Assembly	JHO	Health and wellbeing		Health and wellbeing					
			DEAR	Tutor	DEAR @ 10am							
	2	Wb: 13.01.25	C&C	Tutor	RSE: Healthy Inside and Out	RSE: Feelings	RSE: In control of my choices	RSE: Beliefs, Values, Attitudes	Mass (KMO)			
			Assembly	HOY								
			DEAR	Tutor	Dear @ 10am							
	3	Wb: 20.01.25	C&C	Tutor	Religious Tolerance: Freedom of Conscience, Thought and Religion	Religious Tolerance: Freedom of Conscience, Thought and Religion	PAL Session (Apprenticeships)	Mass (JHO)	Religious Tolerance: Freedom of Conscience, Thought and Religion			
			Assembly	PICCL/LTH	St Nicholas Owen Feast (23 rd Jan)				St Nicholas Owen Feast (23 rd Jan) Together with Y9			
			DEAR	Tutor	DEAR @ 10am							
	4	Wb: 27.01.25	C&C	Tutor	Stereotypes, Prejudice and Bullying (Race)	Stereotypes, Prejudice and Bullying (Sexism and Misogyny)	Mass (GJB)	Stereotypes, Prejudice and Bullying (Homophobia)	Stereotypes, Prejudice and Bullying (Religion)			
			Assembly	ATR	Holocaust Memorial Day: For a better future			Holocaust Memorial Day: For a better future				
			DEAR	Tutor	DEAR @ 10am							
	5	Wb: 03.02.25	C&C	Tutor	Mental Wellbeing	Mass (ATR)	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing			
			Assembly	NHA	Children's Mental Health Week (Together with Y9)		Children's Mental Health Week (Together with Yr7)	Children's Mental Health Week				
			DEAR	Tutor	DEAR @ 10am							
	6	Wb: 10.02.25	C&C	Tutor	Mass (NHA)	Digital Footprints and My Future	Body Image and Self-Esteem	Gambling	Radicalisation and Extremism			
			Assembly	HOY		Safer Internet Day	Safer Internet Day	Safer Internet Day	Safer Internet Day			
			C&C Assessment Week				C&C Assessment					

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Living in the Wider World	Learning skills, Choices and Pathways, British Values, Financial Literacy, Citizenship, Work and Careers

Term	Week	Date	Activity	Lead	Year 7	Year 8	Year 9	Year 10	Year 11	Other
Spring 2 – Attentive and Discerning	1	Wb: 24.02.25	C&C	Tutor	RSE: Where we come from	RSE: Before I was born	My Future: Progression Routes Work-based learning	RSE: Parenthood	Study skills - Intervention	Sixth Form Mass
			Assembly	ATR (Y9)						
			DEAR	Tutor			DEAR @ 10am			
	2	Wb: 03.03.25	C&C	Tutor	Pancake Races (Shrove Tuesday)	Pancake Races (Shrove Tuesday)	Pancake Races (Shrove Tuesday)	Lenten Charities	Mass (JHO)	
			Assembly	N/A						
			DEAR	Tutor						DEAR @ 10AM
	3	Wb: 10.03.25	C&C	Tutor	Walk a Mile (Fr Hudson's)	Lenten Charities	RSE: Fertility and Contraception	Mass (KMO)	RSE: STIs	
			Assembly	N/A						
			DEAR	Tutor						DEAR @ 10AM
	4	Wb: 17.03.25	C&C	Tutor	Revision Strategies (in preparation for PPEs)	Business Breakfast (External speakers)	Mass (GJB)	The NHS inc. Blood and Organ Donation	RSE: Coercive Control	
			Assembly	HoY	Revision Strategies					Health Related Decisions
			DEAR	Tutor	DEAR @ 10am					
	5	Wb: 24.03.25	C&C	Tutor	RSE: Family and Friendships	RSE: Tough Relationships	RSE: Marriage	RSE: Pregnancy and Abortion	First Aid: CPR and Defibrillators (G/K/W); Self-Examination and Screening (A/B/C)	
			Assembly	N/A						
			DEAR	Tutor						DEAR @ 10am
	6	Wb: 31.03.25	C&C	Tutor	Mass (NHA)	Revision Strategies (in preparation for PPEs)	Revision Strategies (in preparation for PPEs)	RSE: Abuse	Study Skills	
			Assembly	HoY		Revision strategies	Revision strategies			Exam Preparation
			DEAR	Tutor		DEAR @ 10am				
	7	Wb: 07.04.25	C&C	Tutor	Celebration Assembly & Reconciliation	Celebration Assembly & Reconciliation	Celebration Assembly & Reconciliation	Celebration Assembly & Easter prayer service	Celebration Assembly & Easter prayer service	
			Assembly	HOY						
			C&C Assessment Week							C&C Assessment Week

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Summer 1 -	1	Wb: 28.04.25	C&C	Tutor	RSE: My Life on screen Core PPEs	RSE: Think Before You Share Core PPEs	RSE: One Hundred Percent (Consent) Core PPEs	Mass (ATR)	Strategies to look after my wellbeing			
			Assembly	HOY					Stress Management			
			DEAR	Tutor					DEAR @ 10am			
	2	Wb: 05.05.25	C&C	Tutor	Rosary	Rosary	Rosary	First Aid: Bleeding and Shock; Chest Pain				
			Assembly	PICCL/HOY	May: Month of Mary		May: Month of Mary		Year 11 Leavers' Mass and Assembly (All SLT)			
			DEAR	Tutor	Dear @ 10am							
	3	Wb: 12.05.25	C&C	Tutor	First Aid: Bleeding	First Aid: Asthma and Allergies	First Aid: Choking and Head Injuries	First Aid: First Aid: Choking, Bone, Muscle and Joint Injuries	Exams	Year 13 Leavers' Mass (JHO/KMO)		
			Assembly	N/A							Dear @ 10am	
			DEAR	Tutor								
	4	Wb: 19.05.25	C&C	Tutor	Online Information & Risks	Mass (GJB)	Basic Life Support First Aid	Revision Strategies & GCSE Pod	Exams			
			Assembly	Y7 - LIM Y10 - ATR	Safer Internet					Study Skills & GCSE Pod		
			C&C Assessment Week		C&C Assessment							

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Summer 2 – Faith Filled and Hopeful	1	Wb: 02.06.25	C&C	Tutor	RSE: Living Responsibly	RSE: Wider World	RSE: Knowing my rights and responsibilities	RSE: Solidarity		Year 12 Mass	
			Assembly	JHO							
			DEAR	Tutor						DEAR @ 10am	
	2	Wb: 09.06.25	C&C	Tutor	Bank Accounts and Online Banking	Budgeting and Managing Money	Salaries, Tax and Bills	Debt & Borrowing			Year 12 PPE's
			Assembly	HOY	Financial Literacy	Financial Literacy	Financial Literacy	Financial Literacy			
			DEAR	Tutor	DEAR @ 10am						
	3	Wb: 16.06.25	C&C	Tutor	Asylum Seekers and Refugees	Asylum Seekers and Refugees	Asylum Seekers and Refugees	Mass (JHO)			
			Assembly	MOL/Voice	Refugee Week		Refugee Week				
			DEAR	Tutor	DEAR @ 10am						
	4	Wb: 23.06.25	C&C	Tutor	Employability Skills	Personality and Career	Mass (KMO)	Core PPEs			
			Assembly	HOY	Careers: Guest Speaker	Careers: Guest Speaker					
			DEAR	Tutor	DEAR @ 10am						
	5	Wb: 30.06.25	C&C	Tutor	Mass (GJB)	Democracy & Influencing Decisions (Roles of Government and Parliament)	Different political systems	Work Experience			
			Assembly	New AP		Citizenship & British Society					
			DEAR	Tutor		DEAR @ 10am					
	6	Wb: 07.07.25	C&C	Tutor	The Monarchy	Mass (NHA)	World of Work Day (External visitors)	Post Work Experience Review			
			Assembly	Y7 - New AP Y10 - ATR	Citizenship & British Society			Getting Ready for Year 11: Summer Bridging Tasks			
			DEAR	Tutor	DEAR @ 10am						
	7	Wb: 14.07.25	C&C	Tutor	Celebration Assembly	Celebration Assembly	Celebration Assembly	Celebration Assembly			
			Assembly	HOY							
			C&C Assessment Week							C&C Assessment Week	